Eastern Michigan University
Introduction to Sports Medicine
SPMD 119

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Course Description:  A class for students interested in sports medicine. An introductory course to orient students to the specialized areas of athletic training and exercise science.

Course Objectives:
By the end of the semester the student will:
1. Have a complete understanding of the field of Sports Medicine (Athletic Training and Exercise Science)
2. Have an understanding of program requirements, advising, and course pre-requisites and co-requisites
3. Have an understanding of the clinical requirements of Athletic Training and Exercise Science

Tentative Course Outline (Fall 2005)

9/7  Intro/Syllabus

9/14  Advising, Basic Studies
      Site visit assignments announced

9/21  Athletic Training Program & History of AT

9/28  Exercise Science Program
      Plan of study assignment announced

10/5  Organizations & Certifications in AT/Licensure

10/12  Organizations & Certifications in ES
      1st site visit due

10/19  Employment Settings (AT & ES)
      Plan of study assignment due
Midterm Exam

Clinical Athletic Training

2nd site visit due

Cardiac Rehabilitation

Orthotics and Prosthetics

No Class - Thanksgiving

Physical Therapist

3rd site visit due

Physician Assistant

Final Exam

Method of Evaluation

Plan of Study: Students will be required to work out a 4-5 year plan of study. The plan requirements will be discussed later. A handout will be provided. (100 points)

Attendance: Attendance is required of all students. We will allow for one absence without penalty to your grade (-5 points per absence). Remember we will be having guest speakers coming from outside Eastern Michigan University. We expect you to be on time and courteous. (50 points) For athletes that are traveling this semester, we need a letter from your coach PRIOR to your absence that states the day and time of departure. Otherwise the absence will not be excused and will be counted against you.

Site Visit: Students will be required to visit 3 professional sites related to sports medicine. Two sites should be related to the field you are currently considering; and one site should be outside your area of interest. Each visit will be worth 25 points. The lowest score will be thrown out on the stipulation that all 3 site visit assignments area turned in. If only 2 are aturned in a 0 will be averaged in with the other 2 grades. Further details and requirements will be given in class. (50 points)

Exams: There will be 2 examinations, one midterm and one final. Each exam will be worth 50 points. (100 points)

Total points possible for the course: 300 points
(Grades will be based on the percentage of total points. The university grading scale will be used.)